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Hospitalia By Yara

Every *biohacker's* dream destination.

EST. 2016

Founded in 2016 with a commitment to excellence and personalized patient care, GCC's leading medical and aesthetic center Hospitalia by Yara caters to a discerning clientele seeking both rejuvenation and luxury medical care.

Hospitalia by Yara focuses on bringing innovative biohacking technologies and techniques that promote health, longevity, and vitality.





OUR PHILOSOPHY

With a deep commitment to advancing wellness, our approach combines the latest scientific breakthroughs with cutting-edge technologies and therapies, offering a fully personalized experience that empowers our clients to achieve optimal medical and aesthetic results. We prioritize individual care and precision at every step of the journey.

We are dedicated to maintaining an unparalleled standard of excellence, where every aspect of our services is meticulously crafted to ensure **client comfort, safety, and guaranteed satisfaction.**

Spaces that nurture *the senses.*

BIOPHILIC DESIGN

Heavily inspired by biophilic design, the space seamlessly blends the exterior with the interior, creating an atmosphere that feels like a true breath of fresh air.

Nature is deeply embedded in the Hospitalia experience, with flourishing indoor olive trees and vertical plant walls at every turn.

Hospitalia by Yara's interior boasts a contemporary minimalism, defined by expansive open spaces, sleek lines, and a refined color palette of monochromatic black-and-white tones, accented by subtle touches of nature. It is a sanctuary where wellness and design converge.





Meet our Doctors

Intl. team of experts

At Hospitalia by Yara, we bring you an elite, international team of experts across various fields, including dermatology, naturopathy, dentistry, body contouring, hyperbaric therapy, cryo therapy, hair restoration and more.

Our doctors are among the best in their fields, bringing unmatched skill, expertise, and precision to every treatment. With a focus on excellence and patient care, they are committed to delivering outstanding results in beauty, health, and wellness.



Dr Marco

Dermatology

Italian Consultant Dermatologist Dr Marco Morello holds a highly impressive profile with extensive experience in dermatology. He can help you with all of your medical or cosmetic dermatological concerns. Dr. Marco obtained many certificates throughout his professional life, including in Genetics and Genomics Regenerative Medicine from the esteemed Stanford Medicine University, in Skin Cancer Medicine, Dermoscopy, and Aesthetic Medicine showcase his well-rounded knowledge and diverse skillset. He also specializes in achieving facial symmetry through aesthetic techniques. Dr. Marco had a leading position in the Department of Dermatology at the University Hospital of Palermo in Italy.



Dr Natalie

Dermatology

Lithuanian Specialist Dermatologist Dr. Natalie brings a wealth of experience to her role at Hospitalia by Yara. With over 15 years in the field, she possesses a firm commitment to providing patients of all ages with exceptional dermatological care. Dr. Natalie offers the most advanced and effective treatments through her dedication to staying at the forefront of dermatological advancements. Beyond her core dermatology expertise, Dr. Natalie also boasts extensive experience in performing various aesthetic skincare procedures, catering to specific patient desires. Additionally, her specialization in oncodermatology, surgery and aesthetic treatments further demonstrates her diverse skillset and commitment to comprehensive patient care.



Dr Noor

Body Contouring

Health & Weight loss Coach Dr. Noor Al Sayed (PHD) leads the Weight loss and Body Contouring department at Hospitalia by Yara. She is a beacon of knowledge having earned her Doctor of Philosophy in a field directly relevant to public health concerns – obesity and health management – from the prestigious Brunei University in London. This academic achievement makes Dr. Noor a highly valuable asset for patients looking to embark on a journey to better health. Dr Noor helps patients manage their weight using non-surgical safe solutions at Hospitalia's Budaiya branch and provides them with personalized weight management counseling, lifestyle and diet modifications, guidance and support.



Dr Jawaher

Naturopathy

Dr. Jawaher's academic journey began at the University of San Francisco, where she majored in Biology with minors in Chemistry and Philosophy. This strong foundation in both the natural sciences and philosophical inquiry prepared her for the in-depth study of naturopathic medicine, which she pursued at the National University of Natural Medicine in Oregon. During her time there, Dr. Jawaher focused on primary care and women's health. She then worked as a teaching assistant at the gross anatomy lab and the botanical medicine lab. Visit American Board Certified Naturopathic Doctor, Dr Jawaher, at Hospitalia's Budaiya branch to help balance your gut health, hormonal health or more. Dr Jawaher uses treatment modalities including herbal medicine, homeopathy, nutrition, lifestyle counseling and IV therapy protocols.



Dr Vaish

Dermatology

Dr Vaishnavi Gopal was born and raised in Oman. She specialized in MD Dermatology, Venereology from Yenepoya Medical University. Dr Vaish has extensive knowledge and experience in the field of Dermatology, having also achieved MRCP(SCE) Dermatology from the Royal College of Physicians and British Association of Dermatologists in the UK. She is also an International Fellow of the American Academy of Dermatologists USA. Today, you can find Dr Vaish at Hospitalia's West Riffa branch.



Dr Ankur

Dentistry

Dr. Ankur is a highly qualified Specialist Endodontist and Aesthetic Dentist and has worked at various institutions in Bahrain, Saudi Arabia and India. He received his dental degree with top honors in 2005 and completed his Masters in Conservative Dentistry and Endodontics from the prestigious KLE University in India. He also holds a Diploma in Primary Care Dentistry from Royal College of Surgeons, Ireland (RCSI). He received an Associate Fellowship in Laser Dentistry from WCLI, USA. Dr. Ankur is an active member of the British Endodontic Society, European Society of Endodontology and the Indian Academy of Aesthetics and Cosmetic Dentistry. With over 14 years of extensive experience in performing complex root canal treatments under magnification, aesthetic smile makeovers such as crowns, bridges, veneers, dental whitening and more.



Dr Zahra

Dentistry

General Dentist Dr. Zahra is a highly qualified dental professional with a strong academic background, holding a Doctor of Dental Surgery (DDS) degree from Ajman University, UAE. This rigorous program equipped her with the essential knowledge and skills necessary to diagnose and treat a wide range of dental conditions. Furthermore, Dr. Zahra pursued a Master's degree in Quality and Patient Safety in Healthcare Management from the Royal College of Surgeons (RCSI). This advanced degree has provided her with valuable insights into healthcare administration, quality improvement measures, and patient safety protocols. Dr. Zahra's dedication to her field is further evidenced by her 7 years of experience in general dental practice.



Our Brand Partners

We partner exclusively with leading global brands with shared values and a commitment to guaranteed safety, quality, and effectiveness.



Dysport[®]
(abobotulinumtoxinA)



Juvéderm[®]
INJECTABLE GEL



PROFHILO[®]



CYNOSURE



CANDELA[™]
Science. Results. Trust.



clear+
brilliant[®]
laser



VENUS LEGACY



EMSCULPT[®]



truSculpt[®]

Our Brand Partners

We partner exclusively with leading global brands with shared values and a commitment to guaranteed safety, quality, and effectiveness.

Hydrafacial®

OxygenCeuticals

SCARLET® SRF
Volumetric Tightening

Ultherapy®
SEE THE BEAUTY OF SOUND™

CRYO™

miraDry®

redu stim

PROMOITALIA

M.C.T.
Meta Cell Technology



Our Departments





REVIV

The Leading Global Brand for IV Drips & Boosters

NAD+

DNA Repair

—
90-140BD



Vitaglow

Skin, Hair & Nails

—
90BD



Royal Flush

All-in-one

—
170BD



Hydromax

Pure Hydration

70BD



Ultraviv

Cold & Flu Recovery

80BD



Megaboost

Jet lag | Busy Lifestyle

90BD



REVIV

Concierge Service.

Hospitalia by Yara's Reviv concierge service delivers hydration and wellness straight to your doorstep. Choose your preferred address and we'll send our team of healthcare professionals to you.



Hyperbaric Oxygen

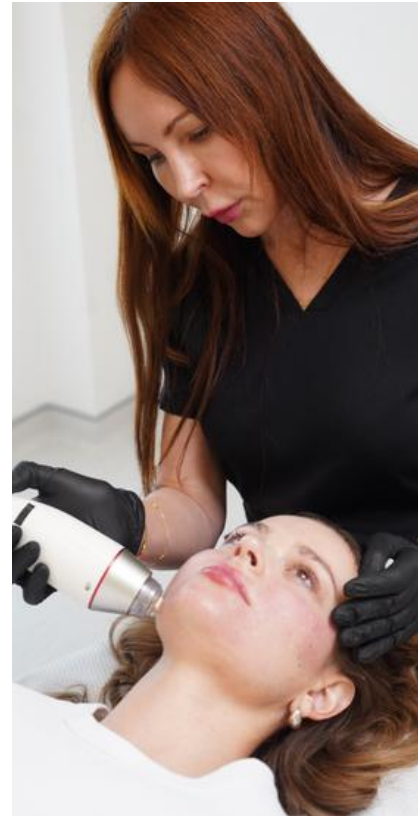
The Hyperbaric oxygen chamber at Hospitalia by Yara's Budaya Branch is a treatment that supplies the body with 100% pure oxygen in a pressurized environment.

HBOT helps speed up healing of carbon monoxide poisoning, gangrene, and wounds that won't heal. It is also used for infections in which tissues are starved for oxygen.

Please find some of the uses and indications of HBOT to the right.

- Delayed wound healing
- Diabetic gangrene
- Carbon Monoxide Poisoning
- Decompression Sickness
- Ear, Nose & Throat
- Sudden hearing loss
- Malignant otitis externa
- Malignant inner ear otitis
- Rhino cerebral Mucormycosis
- Brain Injury
- Acute Thermal Burn
- Neuropathies
- Diabetic neuropathy
- Facial palsy & more





Dermatology

Utilizing the latest dermatological technologies and techniques, we offer a full spectrum of derma services, including precision injectables, skin boosters, innovative laser therapies, RF Microneedling, non-surgical face lifts, thread lifts, bespoke facial treatments and more.

For all your dermatological needs, visit Dr. Natalie, Dr. Marco, or Dr. Vaish at Hospitalia by Yara. Renowned for their expertise and precision, our dermatology experts provide advanced care tailored to your unique concerns.

Laser Hair Removal

At Hospitalia by Yara, we offer advanced laser hair removal services using the latest Candela GentleMax Pro and Cynosure machines. These devices combine powerful technology with precision to deliver fast and effective hair removal for all skin types. Tailored to your needs with the highest standards of safety and care.

Naturopathy

Dr. Jawaher leads the naturopathy department with a holistic approach to wellness that focuses on natural remedies and the body's ability to heal itself. Through personalized treatment plans, she addresses chronic conditions, enhances vitality, and promotes balance using nutrition, herbal therapies, homeopathy, IV drips, nutrition and lifestyle adjustments.

Dr. Jawaher's expertise combines science-backed methods with an individualized touch, helping clients achieve lasting health and well-being in a natural, sustainable way.



Medispa

Escape into a
world of calm...

The Medispa massage department at Hospitalia by Yara offers a range of therapeutic, burnout boosting, stress soothing treatments aimed at promoting physical and mental well-being. Each treatment is designed to relieve tension, reduce stress, improve circulation, and enhance overall relaxation. Whether you're looking for muscle recovery or a calming escape, medispa provides a tailored experience to meet your individual needs, helping you achieve a sense of balance and tranquility.



CRYO Therapy



What is Cryo?

Cryo therapy means “cold” therapy. It involves immersing the body or a targeted area in liquid nitrogen air with a subzero temperature of -120°C for several minutes. Doing so can help you achieve a number of incredible physical and psychological health benefits.

What are the *benefits* of Cryo?

The benefits of Cryotherapy include promoting wound and injury healing, relieving muscle pain and inflammation, aiding in weight management, boosting mental wellness, alleviating stress, anxiety and more.

Endodontics & Aesthetic Dentistry

Endodontics is a branch of dentistry concerning dental pulp and tissues surrounding the roots of a tooth. Aesthetic dentistry focuses on improvement in color, position, shape, size, alignment and overall smile appearance.

At Hospitalia by Yara, Dr Ankur specializes in performing a wide range of services including complex root canal treatments under magnification, retreatment of failed root canal treatment, aesthetic smile makeovers including veneers, crowns, bridges, dental fillings, whitening, cleaning and more.



General Dentistry

Hospitalia by Yara also provides General dentistry services which include the diagnosis, prevention, and treatment of oral health conditions such as routine checkups, examinations, cleaning, whitening and restorations.



We offer the latest Zoom LED Whitening System, a state-of-the-art solution for achieving a brighter, more radiant smile and have the famous Swiss-made AIRFLOW® Prophylaxis Master, the latest EMS innovation for the “Guided Biofilm Therapy”: a unique solution for caries, perio prevention and maintenance along with other advanced technologies and innovations.



Hair by Hospitalia

The Hair by Hospitalia department offers cutting-edge treatments to address hair loss, thinning, and scalp health. Using advanced techniques such as MCT (Microchanneling Therapy), exosome therapy, and Rigenera Activa, our experts provide personalized solutions designed to stimulate hair growth and improve scalp condition.



Hair Restoration Department:
MCT, Exosomes, Rigenera,
TrichoLAB, OligoLAB & more.



Hair Health & Repair



Gentle bristles

Soft as silk, gentle on your strands. Crafted with a focus on optimal hair health, protecting your hair with every stroke.

Beluga and Silica Sand

Meet the Beluga and Silica Sand brushes. Both offer the same performance with the only differences being the shape, color, and material used for the handle and body.

Doctor-approved

Trusted by professionals at Hair by Hospitalia.

Body Contouring

Hospitalia by Yara's Body Contouring Department led by Health & Weightloss Coach Dr Noor (PhD) offers a wide range of advanced, non-invasive treatments designed to help patients achieve their goals.

Utilizing cutting-edge technologies the department provides effective solutions for fat reduction, muscle toning, and skin tightening. With a focus on personalized care and natural-looking results, the team ensures every patient experiences a safe and comfortable journey to their desired transformation.



Redustim: Redustim is a non-invasive body contouring treatment that uses low-frequency BioMagnetic fields to target and reduce visceral and subcutaneous fat.

Emsculpt: Emsculpt is a non-invasive body sculpting treatment that uses high-intensity electromagnetic (HIFEM) technology to build muscle and burn fat simultaneously.

SculpSure: SculpSure is a non-invasive laser treatment that targets and reduces stubborn fat pockets by heating and destroying fat cells permanently.

Venus Legacy: Venus Legacy is a non-invasive treatment that uses multi polar radiofrequency and pulsed electromagnetic fields to tighten skin, reduce cellulite, and contour the body.

Farmacia by Yara

1st *Robotic Pharmacy* In
The Middle East



Farmacia by Yara is the first robotic pharmacy in the Middle East, offering a seamless and innovative approach to pharmaceutical care. Located next door to Hospitalia by Yara, it integrates cutting-edge robotic technology to ensure fast, accurate, and efficient dispensing of medications, enhancing convenience and precision for every customer.



Service Menu



Dermatology

Consultation		25 BD
Botox	(Per Zone)	160 BD
	(Underarms)	275 BD
Fillers	(1ml Syringe)	137.5 BD
Volux Filler		148.5 BD
Radiesse Filler		330 BD
Nose Filler		198 BD
PP Filler		350 BD
Profhilo	(2ml Syringe)	275 BD
Gouri	(1ml Syringe)	190 BD
Monaco Cocktail	(Face & Neck)	155 BD
Cannes Cocktail		180 BD
PolyLactic Acid + HA	(5ml Syringe)	280 BD
	(10ml Syringe)	500 BD
NucleoSkin (Salmon DNA)	(1.5ml Syringe)	132 BD
	(3ml Syringe)	170 BD
Celluform	(Chin)	88 BD
	(Body Per ML)	55 BD
Mesotherapy	(Undereyes)	55 BD
	(Face)	80 BD
	(Hair/ Scalp)	80 BD
	(Hands)	120 BD
Amber Mesotherapy	(Face)	125 BD
	(Undereyes)	100 BD
PRP	(Face)	200 BD
	(Hair/ Scalp)	200 BD
	(PP)	300 BD
Whitening Shot	(Per Session)	70 BD
Hyacorp	(10ml Syringe)	330 BD
Nucleofill	(1.5ml Syringe)	132 BD
Skin Booster	(1ml Syringe)	132 BD
Skin Booster Volite	(1ml Syringe)	100 BD
	(2ml Syringe)	150 BD
Infini RF	(Per Session)	180 BD
Scarlet RF	(Per Session)	180 BD

CO2 Face	(Per Session)	200 BD
Microneedling	(Per Session)	70 BD
Dermapen	(Per Session)	80 BD
Rejuvenating Facial	(Per Session)	65 BD
Hydrafacial	(Per Session)	49 BD
Hydra	(Full Back)	100 BD
	(Half Back)	55 BD
	(Buttocks)	60 BD
Dermalux	(Per Session)	50 BD
	(8 Sessions)	250 BD
Hydrafacial + Astrodome		100 BD
Keravive	(Scalp)	130 BD
Keravive + Astrodome		170 BD
Scaling + Extraction + Astrodome		60 BD
Carbon Laser	(Face)	30 BD
Ultherapy	(Face & Neck)	800 BD
Miradry	(Underarms)	800 BD
Viveve	(Per Session)	600 BD
Clear & Brilliant	(Face)	130 BD
	(Half Back)	200 BD
	(Full Back)	250 BD
	(Stomach)	200 BD
	(Buttocks)	250 BD
Diamond Peeling	(Face)	40 BD
	(Underarms)	30 BD
	(Knee/ Elbow)	20 BD
	(Brazilian)	60 BD
	(Neck)	20 BD
PDO Threads	(Face)	330 BD
	(Neck)	275 BD
	(Nose)	180 BD
	(Eyebrow Lift)	275 BD
	(Visage)	770 BD
Aptos Threads	(Light Lift)	550 BD
	(Per Session)	275 BD
Solarium Tanning	(Per Session)	10 BD
Red Light Therapy	(Per Session)	35 BD
Mole Removal	(Per Session)	40 BD
Warts Removal	(Per Session)	80 BD

Laser Hair Removal

Full Body	(1 st Session)	180 BD
	(2 nd Session)	150 BD
	(3 rd Session)	130 BD
Ariola	(Per Session)	10 BD
Side Burns	(Per Session)	10 BD
Elbows	(Per Session)	10 BD
Snail Trail	(Per Session)	10 BD
Bikini Line	(Per Session)	30 BD
Full Brazilian	(Per Session)	35 BD
Buttocks	(Per Session)	35 BD
Full Back	(Per Session)	40 BD
Half Back	(Per Session)	20 BD
Shoulder	(Per Session)	20 BD
Torso	(Per Session)	50 BD
Neck/ Nape	(Per Session)	10 BD
Underarms	(Per Session)	14 BD
Cheeks	(Per Session)	10 BD
Full Face	(Per Session)	15 BD
Full Face & Neck	(Per Session)	18 BD
Upper Lip	(Per Session)	10 BD
Fingers	(Per Session)	10 BD
Chin	(Per Session)	10 BD
Beard Lining	(Per Session)	17 BD
Ears	(Per Session)	10 BD

Tattoo Removal

Small	(Per Session)	30 BD
Medium	(Per Session)	50 BD
Large	(Per Session)	100 BD
Full Body Section	(Per Session)	200 BD

Spectra Laser

Additional Per Area	(Per Session)	4 B€
Nose	(Per Session)	10 B€
Eyebrow Line	(Per Session)	10 B€
Elbows	(Per Session)	15 B€
Snail Trail	(Per Session)	20 B€
Full Back	(Per Session)	100 B€
Half Back	(Per Session)	60 B€
Chest	(Per Session)	60 B€
Stomach	(Per Session)	60 B€
Torso	(Per Session)	100 B€
Full Face	(Per Session)	20 B€
Full Face & Neck	(Per Session)	25 B€
Half Arms	(Per Session)	50 B€
Half Legs	(Per Session)	60 B€
Acne Toning	(Per Session)	20 B€

Excel V Cutera Laser

Collagen Stimulation	(Per Session)	100 BD
Face	(Per Session)	150 BD
Face & Neck	(Per Session)	200 BD
Hands	(Per Session)	100 BD
Rosacea Treatment	(Per Session)	100 BD
Spider Vein Removal	(Per Session)	100 BD
Vascular & Pigmentation	(Per Session)	100 - 200 BD
Small Area	(Per Session)	100 BD
Full Face	(Per Session)	200 BD
Other Area	(Per Session)	150 BD

Body Contouring

Emsculpt	(4 Sessions)	1100 BD
Cool Tech	(Per Area)	140 - 200 BD
Redustism	(12 Sessions)	220 BD
Trusculpt ID	(Chin)	70 BD
	(Per HP)	60 BD
	(6 HP)	300 BD
Trusculpt ID Flex	(Per Session)	165 BD
Venus Legacy	(Per Session)	50 BD
	(6 Sessions)	200 BD
Sculpsure	(Chin 2 Sessions)	150 BD
	(Per HP)	100 BD

Cryo Therapy

Cryo Facial	(Per Session)	30 BD
Cryo Chamber	(Per Session)	30 BD
Combo (Facial + Chamber)	(Per Session)	50 BD

Hyperbaric Oxygen

60mins	(Per Session)	60 BD
90mins	(Per Session)	80 BD
120mins	(Per Session)	100 BD

Hair by Hospitalia

Consultation	Includes Free: Tricholab Scalp Analysis & Oligolab Minerals Scan Test	25 BD
Packages: Meso Cocktail	4 Sessions Meso Cocktail	230 BD
MCT PRP + Meso Cocktail	1 Session MCT PRP + 4 Sessions Hair Meso	390 BD
Exosomes (Exomide)	4 Sessions Exosomes (Exomide) + Consultation + Tricholab Scalp Analysis + Oligolab Vitamin Scan	470 BD
Regenera	Regenera Treatment + Consultation + Tricholab Scalp Analysis + Oligolab Vitamin Scan	650 BD

Reviv IV Drips & Booster Shots

Hydromax	IV Drip	70 BD
Ultraviv	IV Drip	80 BD
Megaboost	IV Drip	90 BD
Vitaglow	IV Drip	90 BD
NAD+	IV Drip	100mg 90 BD 250mg 140 BD
Royal Flush	IV Drip	170 BD
Vitamin B12	Booster Shot	28 BD

Piercings

Ear (Lobe)	8 BD
Ear (Industrial)	45 BD
Ear (Tragus)	25 BD
Ear (Helix)	26 BD
Ear (Rock)	26 BD
Ear (Conch)	26 BD
Belly/ Naval	50 BD
Nose	50 BD
Lip	50 BD
Nipple	50 BD
Eyebrow	50 BD
Tongue	50 BD
Dermal	50 BD

Naturopathy

Normal Consultation	55mins	25 BD
Follow Up Consultation	25mins	18 BD
Extended Consultation	80mins	43 BD

Medispa

	30mins	60mins
Pain Relieving Shiatsu Massage		21 BD
Stress Shoothing Swedish Massage		21 BD
Burnout Boosting Back Massage	11 BD	19 BD
Healing Foot Reflexology Massage	8 BD	15 BD

Dentistry

Consultation (Includes X-ray)	20 BD
Digital X-ray - Intraoral "PA"	5 BD
Digital X-ray OPG	10 BD
Digital X-ray Cephalometric	20 BD
Scaling And Polishing	30 BD
Deep Scaling (Full Mouth)	40 BD
Deep Scalling/ Tooth	5 BD
Airflow	20 BD
Office Bleaching (Includes Scaling)	175 BD
Home Bleaching Kit	70 BD
Composite Filling	20 - 50 BD
Temporary Filling	10 BD
Glass Ionomer Filling	20 - 30 BD
Extraction (Simple)	30 BD
Night Guard	70 BD
Crowns	120 BD
Bridge	110 BD
Root Canal Treatment	140 BD
Veneers	140 BD

Nanobrows

1 Session

300 BD

About Yara

Yara Jameel Salman, a Bahraini entrepreneur born on August 16, 1994, began her entrepreneurial journey at a young age. Witnessing the value of hard work and discipline from the age of 17, she developed a strong passion for health and wellness, propelling her into the exciting world of entrepreneurship.



Bahrain's *Youngest* Female Entrepreneur

Yara's entrepreneurial journey began at the young age of 17 when she established YBL,, the first and largest beauty lounge on Amwaj Islands. This venture marked the start of her public profile, which only grew more prominent with the subsequent launches of luxury medical and aesthetic center Hospitalia by Yara, Middle East's 1st Robotic Pharmacy Farmacia By Yara, Healthy Lifestyle Cafe Haute Health, Veterinary Clinic and Cat Cafe Animalia by Yara and more. Yara also completed her bachelors at UCB in Business Studies and her masters at RCSI in healthcare management.

Featured in *Forbes*

Yara has been recognized in the globally renowned Forbes business magazine for her entrepreneurial success and innovation in the beauty, health and wellness industry. The article highlighted Yara's achievements in founding Hospitalia, GCC's leading luxury medical center specializing in the fields of Dermatology, Laser, Endodontics & Aesthetic Dentistry, Hyperbaric Oxygen, Body Contouring and Weight-loss, Cryo, Naturopathy, Reviv IV Therapy and Hair Restoration. The feature recognized Hospitalia's cutting-edge medical treatments, high-end hospitality and exceptional standards for customer experience and care.

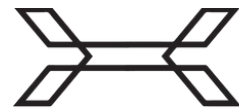
Jas Group



حدائق بلانا
Gardens plaza



HOSPITALIA
BY YARA



ANIMALIA
BY YARA



FARMACIA
BY YARA

Y.BL

HAÛTE HEALTH

Mⁱ's

REVIV
BAHRAIN

medispa.

